

ROEDEAN JUNIOR SCHOOL

Week 2



Monday

Chicken In a white sauce.
Vegetables in a white
sauce.

Steamed potatoes
Leeks And carrots.

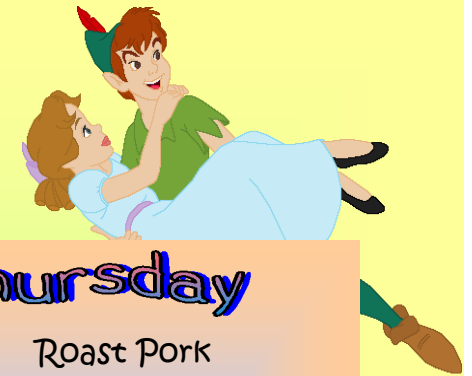
Apple crumble
And custard



Thursday

Roast Pork
Vegetable roast
Roast potatoes
Diced swede, steamed
green vegetables

Peaches and cream



Tuesday

Roast Lamb.
Mediterranean Vegetable
roast.

Parsnips /Peas
and Roast potatoes

Trifle

Wednesday

Tandoori chicken
Quorn Tandoori

Courgette/Swede
Vegetable rice

Sponge and custard

Friday

Fried fish
Vegetable spring rolls

Oven baked chips
Green peas
Diced carrots

Lemon tart

