



# ROEDEAN SCHOOL

## LUNCH MENU



Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>The Main Event</b>	<u>Pasta Pasta</u> Pasta Meat balls	<u>It's a Roast</u> Roast Beef Yorkshire Pudding	<u>Give us a quiche</u> Quiche	<u>Its a Roast</u> Roast Chicken With bread Sauce & Gravy	<u>Fry-day Fish</u> Battered Cod with tartar sauce and Lemon	<u>Pin-Yin</u> Lemon Chicken	<u>It's Brunch</u>
<b>Meat Free Zone</b>	Vegetable meatballs	Vegetable Roast	vegetable quiche	Mushroom Risotto	Stuffed Yorkshire	Vegetable samosa	Tomatoes Hash browns Mushrooms
<b>And to go with....</b>	Steamed Broccoli And sliced Carrots	Roast Potatoes Parsnips Cabbage	New Potatoes Sliced green beans Courgette/Swede	Parsley Potatoes Carrots Steamed Green Vegetables	Oven baked Chips Garden Peas Sweet corn	Cauliflower/ Green beans Herby Diced Potatoes	Sausages Bacon Fried bread
<b>Scrummy Puds!</b>	Rice Pudding with Jam Sauce	Jelly and cream	Rhubarb pie Cream	Pears & Chocolate sauce	Lemon Tart	Assorted Gateaux	Fresh fruit

Available daily ..Fresh Salads and Fresh Fruit. Homemade soup of the day and Jacket potato with baked beans