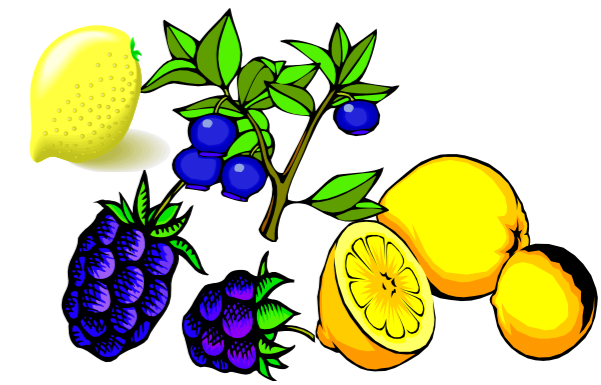


ROEDEAN

Supper Menu



Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
The Main Event	Chicken with Lemon sauce	Poached Salmon With Lemon and ginger	Toad in the whole	Spare Ribs	Chicken with fresh lemons and lentils	Cheese and tomato Pizza	Roast Turkey Cranberry sauce
Meat Free Zone	Quorn Rosemary And lemon	Sweet potato and leek risotto	Vegetable frog	Vegetarian stuffed Peppers	Vegetarian	Same	Vegetarian Bake
And to go with....	Mixed vegetable Sautéed new potatoes	Steamed vegetables Aromatic rice	Herby diced as-sorted mixed vegetables	Vegetable rice	Noodles Stir fried vegetables	Garlic bread With Assorted mixed salad Potato wedges	Roast potatoes Assorted Vegetables

Available daily ... Salads, Fresh Yoghurts .Fresh Fruit and Fresh Soup. Jacket potatoes and baked beans