



# ROEDEAN SCHOOL

## LUNCH MENU



Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>The Main Event</b>	Chicken Curry	Roast Lamb Mint Sauce	Spicy chicken with chorizo	Turkey steak with mustard sauce	Fish Medley with tartar sauce and Lemon	Stir fried beef	<u>It's Brunch</u>
<b>Meat Free Zone</b>	Vegetable Curry	Roasted Mediterranean Vegetable Brioche	Quorn spicy vegetables	Vegetable stuffed jackets	Vegetable spring rolls	Vegetarian stir fry	Tomatoes Hash browns Mushrooms
<b>And to go with....</b>	Vegetable rice Leeks/Carrots	Roast Potatoes Parsnips Peas	Rice Courgette/Swede	Boiled Potatoes Diced Swede Steamed Green Vegetable	Oven baked Chips Garden Peas Diced carrots	Vegetable rice Noodles	Sausages Bacon Fried bread
	Fish		Fish		Fish		
Available daily ... Fresh Salads and Fresh Fruit..Homemade Soup of the day and Jacket potato with baked beans							