



ROEDEAN SCHOOL

LUNCH MENU



Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
The Main Event	Pasta Carbonara	Roast Pork Apple sauce	Home made Quiche	Chicken Stir fry	Fish Medley with tartar sauce and Lemon	Pasta Bolognese	<u>It's Brunch</u>
Meat Free Zone	Vegetable Carbonara	Vegetable Roast	vegetable quiche	Mushroom Noodles	Stuffed Yorkshire	Vegetable Samosa	Tomatoes Hash browns Mushrooms
And to go with....	Steamed Broccoli And sliced Carrots	Roast Potatoes Parsnips Cabbage	New Potatoes Assorted seasonal vegetables	Noodles Stir fry Green Vegetables	Oven baked Chips Garden Peas Sweet corn	Cauliflower/ Green beans	Sausages Bacon Fried bread
	Fish		Fish		Fish		

Available daily ..Fresh Salads and Fresh Fruit. Homemade soup of the day and Jacket potato with baked beans